POST NASAL CAUTERY CARE

1. Use antibiotic ointment or Vaseline in nostrils two times a day for two weeks

2. Also, use a saline mist spray two to three times a day

3. After two weeks, stop ointments and use nasal saline gel (such as Ayr Nasal Saline Gel) at bedtime

4. Continue to use saline mist spray two to three times a day about three days a week

5. If there is an active nose bleed, use two sprays of over the counter Afrin in the nose. Apply direct pressure to the tip of the nose for 10 to 15 minutes, or until bleeding stops